IVIG stands for INTRAVENOUS IMMUNOGLOBULIN, and it is a purified blood product containing antibody proteins from healthy blood plasma donors. IVIG infusion therapy is used as a treatment for a wide variety of neurological and autoimmune conditions.

**WHAT IS IVIG?**

**BEFORE YOUR INFUSION**

- **TAKE PREPARATORY MEDICATIONS**
  - Pre-medications limit side effects:
    - Tylenol® Extra Strength
    - Benadryl®

- **INFORM YOUR PHYSICIAN**
  - Current medications, vitamins, supplements, etc.
    - Prescribed dosages
    - Prescribing physician

- **EAT BREAKFAST & BRING SNACKS**
  - Infusions take approximately six to eight hours.
  - Patients are free to bring snacks from home.

- **STAY HYDRATED**
  - Dehydration is a common effect of IVIG
  - Dehydration may cause headaches, poor kidney function, etc.

- **GET THERE SAFELY**
  - Pre-medications often cause drowsiness.
  - Arrange a ride to your appointment.

**DURING YOUR INFUSION**

- **REMAIN OCCUPIED**
  - The use of cell phones is permitted.
  - Cell phone ringers must be low or silenced.
  - Feel free to bring a book, watch TV, etc.

- **KEEP YOUR BODY FUELED & HYDRATED**
  - The PNA Infusion Center offers food delivery!
  - Menu available.

- **KEEP YOUR BODY COMFORTABLE**
  - Some patients feel cold during infusion.
  - Bring a comfy blanket from home.

- **BE AWARE OF POSSIBLE SIDE EFFECTS**
  - Headache
  - Fever
  - Fatigue
  - Muscle Aches
  - Etc.